

BYkids

TAKE ACTION GUIDE:

SEEDS OF LIFE



ABOUT THE FILM

Our environment—Mother Earth and biodiversity—is inextricably connected to our ongoing existence. That’s the takeaway message of 14-year-old Diya Payal’s film, *SEEDS OF LIFE*. This spirituality and approach to life infuses the work on the fields tended on her grandparents’ farm, located in the foothills of the Himalayas in India. Diya tells the story of generations of farmers who live off the land and sell the surplus crops they grow, and the importance of preserving and growing indigenous organic seeds versus industrially produced and genetically modified seeds.

“Food and farming is deeply connected to our spiritual and cultural relationship with the natural world. I wanted to share this idea with other young people, in the hope that we will choose to coexist in harmony with nature for the future of the planet and humanity, too.” —Diya Payal

REFLECT AND SHARE

1. What surprised you about the film? Why?
2. What did you learn from watching this film?
3. How is the filmmaker's life similar to yours? How is it different?
4. Did watching this film make you want to change your behavior or the behavior of others? How?
5. What can we learn from witnessing other people's stories?
6. What is your story? What would you like others to learn from you?

LEARN MORE



Diya Payal brings her audience on a journey of learning and discovery as she illuminates the immeasurable value of indigenous seeds, biodiversity, and benefits of organic farming. Continue this journey for yourself by learning more about the importance of seed cultivation, farming and climate change. Scan the QR code to get started.

TAKE ACTION



Learning is an important first step, but biodiversity won't be preserved unless we all make an effort to protect all the plants, insects, animals and other wildlife that comprise our diverse ecosystem. Join Diya's fight to preserve biodiversity and have a positive impact on the environment both globally and locally where you live. Scan the QR code for some organizations to get you started.

ABOUT BYKIDS

BYkids produces real-world films for kids, by kids. Talented young storytellers from around the world are paired with seasoned filmmakers to create powerful documentaries about their lives. In partnership with public television and education innovators, we share the films and their educational resources to help make global issues feel personal, relevant and actionable for millions of students. Our work serves as a catalyst for change, igniting important conversations and inspiring a new generation of social activists. To support our work, visit bykids.org/donate/.

This guide was created and written by Big Picture Educational Consulting.